



Dr. Diane Poole Heller

ATTACHMENT & TRAUMA EXPERT

INFO



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Diane Poole Heller PhD is an internationally recognized speaker, author and expert in the field of attachment theory and trauma resolution. Her signature series on adult attachment, DARE (Dynamic Attachment Re-patterning experience), provides tools for healing from trauma and creating more fulfilling relationships.

As Senior Faculty for SEI (Somatic Experiencing Institute®), Diane studied with Dr. Peter Levine and taught Somatic Experiencing® trauma work internationally for over 30 years.

Dr. Heller is author of *The Power of Attachment: How to Create Deep and Lasting Intimate Relationships*, *Crash Course*, and *Healing Your Attachment Wounds*. Her film, *Surviving Columbine*, supported community healing after the Columbine High School shootings.

Education, Conferences, Attachment Webinars, Interviews, Trainings and Credentials



2025

Presented with Peter Levine, PhD Awakening Aliveness: A Somatic Approach to Healing Attachment Trauma, Five Week Course, Feb

Attended The Diamond Approach, Presence Retreat, Feb

Presented at Psychotherapy Networker Symposium Breaking the Cycle of Intergenerational Trauma, Washington DC, Mar

Presented at Psychotherapy Networker Symposium with Scott Lyons PhD Breaking Free of the Trauma Cycle, Washington DC, Mar

Presented Resolve Trauma, Heal Your Body, and Learn Breakthrough Skills That Work, 21 Secrets of Peaceful Moms Summit, Mar

Podcast Guest Trauma and Attachment, A Date with Darkness, Natalie Jones PsyD, LPCC, Mar

- Attended The Diamond Approach Winter Retreat, Mar
- Television Guest Why Can't I Bond?, Mission: Evolution with Gwilda Wiyaka, Apr
- Presented with Frank Anderson, MD The IFS Clinician's Guide: Restoring Self, Healing Trauma and Deepening Therapy, Four Week Course, Apr
- Presented Relationship Mastery Series, Amanda Hill, Apr
- Podcast Guest Trauma and Attachment, Not Your Ordinary Parts, Jalon Johnson, May
- Presented at Rewiring Fear & Anxiety World Summit 2025, May
- Presented TMC22 with Todd Pressman PhD Deconstructing Anxiety: A Practical Model for Healing and Integration, Six Week Course, May
- Attended The Diamond Approach Retreat, May
- Sponsored Healing Emotion Shutdown: A Path to Authentic Connection, Daniel Vose, Three Week Course, Jun
- Presented Live Reconnect, Heal, and Transform: An Attachment Healing Retreat, One Week Course, Broughton Sanctuary, United Kingdom, Jul
- Presented Understanding Attachment Styles in Adult Partnerships, Take Up Space! 3 Summit, Jul
- Attended The Diamond Approach: Unity Summer Retreat, Jul
- Presented Healing Upstream: Repairing Generational Wounds with Integrity, The Embody Lab, Aug
- Podcast Guest Attachment Theory & Healing Trauma, Call2Parent, Sep



2024

- Presented with Peter Levine PhD Restoring Resilience: Somatic Healing for Complex Trauma, dare I Three Week Course, Jan
- Presented DARE Level 1: Fundamentals of Attachment Styles, Jan
- Presented AMP DARE Level 1 Healing Early Attachment Wounds, Five Week Course, Feb
- Attended SE™ Conference, Feb
- Presented AMP Fundamentals of Attachment Styles, Five Week Course, Mar
- Presented Breaking the Cycle of Shame, Apr
- Presented Dr. Aimie Apigian Presents: The Biology of Trauma Summit, May

- Presented TMC20 with Rabbi Tirzah Firestone PhD Wounds Into Wisdom: Breaking the Cycle of Intergenerational Trauma, Six Week Course, May
- Presented Optimum Energy Super Conference, Conscious Life, May
- Podcast Guest We Need To Talk With Dr. Darcy Sterling, Jun
- Presented DARE Level 1: Fundamentals of Attachment Styles, Jun
- Presented with Terry Levy PhD Helping Children Thrive: Parenting Skills for Secure Attachment, Three Week Course, Jul
- Presented DARE Level 2: Attachment Strategies for Adult Relationships, Aug
- Podcast Guest Stories of Hope and Healing, Aug
- Presented at Biology of Trauma Summit 4.0 Explore Your Attachment Style's Impact on Digestion & Energy, Aug
- Presented with Peter Levine PhD and Efu Niyaki Uncovering Hidden Trauma: Transgenerational Healing Approaches, Four Week Course, Sep
- Talk with Peter Levine PhD Healing Developmental Trauma, Oct
- Presented at Innovations in Psychotherapy Breaking the Cycle of Intergenerational Trauma, Oct
- Presented at Innovations in Psychotherapy with Deb Dana LCSW From Shut Down to Safety, Oct
- Presented Healing Dual Wounds: Navigating Trauma and Disorganized Attachment, Six Week Course, Oct
- Presented TMC21 with David Grand PhD Brainspotting: A Neuroexperiential Approach to Trauma Healing, Six Week Course, Nov
- Presented at The Relationship Summit with Scott Lyons PhD Broken Connections: Experiential Strategies for Trauma and Attachment, The Embody Lab, Nov
- Presented The Power of Meditation Summit, Dec



2023

- Presented with Peter Levine PhD Working with Complex Trauma: Untangling Somatic Wounds, Jan
- Presented at Trauma Super Conference How Trauma Shapes Our Attachment Style, Conscious Life, Feb
- Presented AMP DARE Level 1: Healing Early Attachment Wounds, Six Week Course, Mar

- Presented Dr. Aimie Apigian Presents The Biology of Trauma Summit, Mar
- Presented Clinical Strategies for Treating Attachment Wounds, Four Part Somatic Attachment Therapy Certificate Program, The Embody Lab, Apr
- Presented with Terry Levy PhD The Art of Healing in Relationships: Resolving Trauma & Restoring Connection, Five Week Course, May
- Presented TMC18 with David Wallin PhD Attachment in Psychotherapy: Relational Transformation, Nonverbal Experience and the Psychology of the Therapist, Six Week Course, May
- Presented Quieting the Threat Response: Enhancing Safety and Connection, The Embody Lab, Jun
- Presented at Biology of Trauma Summit 3.0 Explore Your Attachment Style's Impact on Digestion & Energy, Aug
- Presented Fundamentals of Attachment Styles, The Embody Lab, Six Month Course
- Presented at Collective Healing Summit with Thomas Huebl, Sep
- Presented Healing Dual Wounds: Navigating Trauma and Disorganized Attachment, Six Week Course, Oct
- Presented Implicit Memory & Attachment Wounds, The Embody Lab, Jan
- Presented TMC19 with Stan Tatkin Attachment and Communication Conflict in Adult Relationships, Six Week Course, Dec
- Attended The Evolution of Psychotherapy, Dec



2022

- Presented with Peter Levine PhD Somatic Interventions for Chronic Pain and Syndromes, Jan
- Presented AMP DARE Level 1: Healing Early Attachment Wounds, Six Week Course, Feb
- Presented at International Energy Psychology Conference Role of Attachment in Treating Trauma, Feb
- Presented at Clinicians of Color Intro to Attachment Styles, Apr
- Presented with Thomas Huebl Healing Broken Connections, Apr
- Presented Attachment, Four Week Course, Jul
- Presented AMP Attachment Strategies for Adult Relationships, Six Week Course, Sep
- Presented TMC17 with Lisa Weimberger Neuroplasticity: Rewiring the Brain After Trauma, Six Week Course, Nov

● Attended The Diamond Approach Retreat, Nov



2021

● Presented with Peter Levine PhD Shock and Developmental Trauma, Six Week Course, Jan

● Presented DARE Level 3: Neurobiology of Loving Relationships

● Presented AMP DARE Level 1: Healing Early Attachment Wounds, Six Week Course, Apr

● Attended SETM Conference, San Diego, CA, Apr

● Presented TMC14 with Terry Levy PhD Healing Traumatized Families: Attachment and Trauma-Informed Therapy for Children, Adults, Couples and Families, Six Month Course, May

● Presented TMC16 with Terry Levy PhD Attachment and Trauma Therapy for Adult Relationships, Six Week Course, Jun

● Presented Healing Roots of Shame, Aug

● Podcast Guest Cracking Open with Molly Carroll, Sep

● Presented Attachment Strategies for Adult Relationships, Six Week Course, Sep

● Presented at Somatic Attachment Healing Summit Broken Connections: Experiential Strategies for Trauma and Attachment, The Embody Lab, Nov

● Presented TMC15 Clinical Strategies for Treating Abuse, Six Week Course, Nov



2020

● Attended The Journey of Descent and Originality, The Diamond Approach, Nov

● Presented DARE Level 4: From Wound to Wellness, Nov

● Presented TMC13 Intergenerational Trauma: Heal the Pain. Break the Cycle, Six Month Course, Nov

● Podcast Guest Attachment Styles and Relationships, Living 4D, Paul Chek, Nov

● Podcast Guest Radical Addiction Recovery - The Healing Place, Lynn Fraser, Dec

● Attended Transgenerational Trauma, Peter Levine PhD, Dec



2019

● Presented TMC11 Shame: Healing Hidden Wounds, Six Month Course, Apr

● Presented AMP DARE Level 2: Creating Healthy Adult Relationships, Six Week Course, Apr

- Attended Chi Gong Retreat, Master Mingtong Gu, Chi Center, Santa Fe NM, Apr
- Presented at Radiant Intimacy Conference Attachment and Deepening Intimacy, Santa Cruz CA, May
- Presented with Peter Levine PhD Healing Sexual Abuse. May
- Podcast Guest Health Talks: Healing Summit, Master Mingtong Gu, May
- Presented Trauma and Mind Body Superconference Summit with Nikki Gratix, May
- Presented TMC12A A Secure Attachment in Times of Crisis, Six Month Course, May
- Keynote at ASERVIC Conference Understanding Attachment Styles, Colorado Springs CO, Jul
- Received Lifetime Humanitarian Award ASERVIC Conference, Colorado Springs, CO, Jul
- Keynote at Spirituality Mindfulness Conference Insights for Healing with Attachment Theory, Santa Fe NM, Aug
- Presented DARE Level 3: Neurobiology of Loving Relationships, Aug
- Podcast Guest Attachment Parenting, EmpoweredKidsTV, Sep
- Podcast Guest Healing Attachment and Dreamwork, Mimi Pettibone, Oct
- Podcast Guest Good Therapy, Chesna, Oct
- Presented Trauma and Attachment Summit, Oct
- Presented AMP DARE Level 1: Healing Early Attachment Wounds, Six Week Course, Oct
- Presented DARE Level 3: Neurobiology of Loving Relationships, Chicago IL, Nov
- Presented DARE Level 4: From Wounds to Wellness, Chicago, IL, Nov
- Attended The Diamond Approach Integration Retreat, Nov



2018

- Presented TMC9 Enlivening Intimacy, Sensuality and Sexuality, Five Month Course, Feb
- Presented with Peter Levine PhD Trauma and Memory, Mar
- Presented AMP DARE Level 1: Healing Early Attachment Wounds Six Week Course, May
- Presented DARE Level 2: Creating Healthy Adult Relationships, Jul

- Presented DARE Level 4: From Wound to Wellness, Jul
- Attended The Diamond Approach Retreat, Jul
- Podcast Guest Cutting Edge Interventions Related to Attachment Theory, Higher Practice, Will Van Derveer MD, Jul
- Presented at Integrative Psychiatry Institute Trauma and Attachment, Oct
- Presented AMP Secure DARE Level 2: Creating Healthy Adult Relationships, Oct
- Presented TMC10 Challenging Clients (Schizoid, Borderline, HSP, Narcissistic, OCD), Six Month Course, Oct
- Attended The Diamond Approach Teaching Retreat, Nov
- Presented TMC12 Grief and Loss, Six Month Course, Nov
- Keynote at NESTTD Boston / Brattleboro Retreat Adult Attachment Theory, Trauma Resolution and Integrative Healing Techniques, Nov



2017

- Recorded CD Series Healing Your Attachment, Sounds True, Jan
- Presented DARE Level 3: The Neurobiology of Loving Relationships, Feb
- Presented DARE Level 2: Creating Healthy Adult Relationships, Feb
- Presented TMC5 Emergence, Four Month Course, Feb
- Presented for Psychotherapy Networker Understanding Attachment and Relevant Interventions, Mar
- Presented at FACES Compassion and Wisdom Conference Attachment, Trauma and Intimacy; Clearing the Past from Your Present, Mar
- Presented TMC Encapsulated Child, Six Month Course, Apr
- Attended Cutting Edge of How Adults Learn, Eben Pagan, Apr
- Presented DARE Level 4: From Wounds to Wellness, Apr
- Presented DARE Level 4: From Wound to Wellness, Aug
- Attended The Diamond Approach Training, Sep
- Attended Healing Attachment, David Wallin, Sep

Presented with Kim John Payne Secure Parenting, Nov

Presented TMC Character Structure, Six Month Course, Nov



2016

Attended NICABM Neuroscience, Trauma and Mindfulness, Jan

Presented DARE/SATe Therapist Training Certificate Program, Jan

1) Healing Early Attachment Wounds: Connecting to Your Authentic Self

2) Creating Healthy Adult Relationships

3) The Neurobiology of Loving Relationships

4) From Wound to Wellness: Healing Disorganized Attachment and Victim-Perpetrator Dynamics from Abuse

Keynote at FACES Compassion and Wisdom Conference Integrating Attachment Theory Into Your Life and Practice, San Diego CA, Feb

Attended FACES Compassion and Wisdom Conference Mindfulness in Psychotherapy, Ron Siegel PsyD; Healing Couples in Distress, Stan Tatkin; Neuroplasticity and Pathways to Happiness, Rick Hanson PhD; Spirituality and the Recovery from PTSD, Peter Levine PhD; Yoga Practices and the Healing of Trauma, Amy Weintraub; Compassion and Mindfulness, Richard Fields PhD, San Diego, CA, Feb

Presented for Psychotherapy Networker Working the Edge in Trauma Therapy – Can Therapy Be Too Safe?, Mar

Presented at Attachment, Trauma and Intimacy Conference DARE to Connect II, Boulder CO, Apr

Hosted Healing Early Attachment Wounds: Embracing the Authentic Self, Richard Schwartz PhD, John Howard MA, Amir Levine MD, Maggie Phillips PhD, Jaci Hull MA, LMFT, Ellyn Bader PhD, Apr

Presented at The Psychotherapy Networker Conference When Therapy is Too Safe and How to Keep the Clients Within Their Range of Resiliency, Social Engagement on How to Work with the Client Challenges Regarding Disorganized Attachment, Washington DC, Apr

Panel Contributor at The Psychotherapy Networker Conference with Diana Fosha PhD and Stephen Porges, PhD, Washington DC, Apr

Presented for UTA Institute SATe 2 Creating Healthy Adult Relationships, Cologne, Germany, May

Presented at Couples Conference with Rick Miller LICSW and Scott Woolley PhD, San Francisco CA, May

Presented Bringing the Avoidant Client Out of Their Bubble of Isolation to Help Resolve Compulsive Aloneness, May

- Presented at Sounds True Neuroscience Summit The Neurobiology of Healthy Relationships, How You Tell Your Story Tells Your Story: Understanding How Attachment Forms Language Patterns Related to Bonding and Brain Development, May
- Presented at WISDOM 2.0 Compassionate Mindfulness: Mindfulness and the Courage to Connect, San Francisco CA, May
- Attended The Diamond Approach, Asilomar Retreat Center, Jun
- Presented DARE to Connect, Boulder CO, Three Day Live Event, Jul
- Presented TMC3 Trauma as a Gateway to Spiritual Transformation, Two Month Course, Jul
- Podcast Guest The Evolutionary Upgrade for Psychotherapy Now, Tami Simon, Louisville CO, Aug
- Developed Curriculum Post Advanced and Advanced Levels of Attachment-Related Training, Somatic Experiencing® Training Institute, Aug-May
- Presented DARE Level 2: Creating Healthy Adult Relationships, Sep
- Co-Sponsored, Hosted, Presented at Psychotherapy 2.0 Summit Attachment, Trauma and Neuroscience, interviewed world renown speakers such as Rick Hanson, Dan Siegel, Peter Levine PhD, Stephen Porges PhD, Joan Borysenko PhD, Ellyn Bader PhD, Michele Weiner-Davis LCSW, Bonnie Badenoch MA, LMFT, Ron Siegel PsyD, Esther Perel, Sue Johnson, Sep
- Presented at Sounds True Psychotherapy 2.0 Summit Intergenerational Trauma and No One to Blame, Sep
- Presented DARE Level 2: Creating Healthy Adult Relationships, Sep
- Presented Intergenerational Trauma and No One to Blame; SATE/DARE Level 3: Neurobiology of Loving Relationships, Cologne, Germany, Oct
- Presented with Peter Levine PhD On Healing Trauma, Oct
- Presented Attachment Webinar, Oct
- Presented Mastering Attachment III, Oct-Nov
- Presented AMP DARE Level 1: Healing Early Attachment Wounds, Oct-Nov
- Presented at Kaiser Permanente Overview of Healing Early Attachment Wounds and Resolving Trauma, Los Angeles CA, Dec
- Attended Couples Counseling, Terry Real, Dec
- Attended The Diamond Approach Retreat, Nov



2015

- Presented: at Kaiser Permanente, Overview of Healing Early Attachment Wounds and Resolving Trauma in Los Angeles, CA — December
- Presented: Mastering Attachment III for 750 students — October – November
- Developed and Presented: Intergenerational Trauma and No One to Blame, as well as SATe/DARe 3 on “the Neurobiology of Loving Relationships” in Cologne, Germany — October
- Co-Sponsored, Hosted and Presented: at the Psychotherapy 2.0 14-Day Summit on Attachment, Trauma and Neuroscience Interviewed world renown speakers such as Rick Hanson, Dan Siegel, Peter Levine, Stephen Porges, Joan Borysenko, Ellyn Bader, Michele Weinder- Davis, Bonnie Badenoch, Ron Siegel, Esther Perel Sue Johnson, etc. — September - October
- Presented: Podcast Interview with Tami Simon for Sounds True, The Evolutionary Upgrade for Psychotherapy Now, Louisville, CO — August
- Developed, Enhanced and Presented: DARe to Connect, a 3-day live event, a professional training with demos, experiential exercises and teaching for therapy professionals as well as specific training for facilitators and assistants, Boulder CO — July
- Presented: WISDOM 2.0 “Compassionate Mindfulness,” Mindfulness and the Courage to Connect San Francisco, CA — May
- Keynote Presenter: FACES Compassion and Wisdom Conference, Integrating Attachment Theory Into Your Life and Practice San Diego, CA — February
- Attended: FACES Compassion and Wisdom Conference, several 3-hour presentations by the following: Ron Siegel presentation on Mindfulness in Psychotherapy; Stan Tatkin’s presentation on Healing Couples in Distress; Rick Hanson’s presentation on Neuroplasticity and Pathways to Happiness; Peter Levine on Spirituality and the Recovery from PTSD; Amy Weintraub on Yoga Practices and the Healing of Trauma; and Richard Fields on Compassion and Mindfulness San Diego, CA — February
- Attended: NICABM online courses on Neuroscience, Trauma and Mindfulness
- Developed, Enhanced and Presented: Certification program for the DARe/SATe 4-module therapist professional training series on 1) Healing Early Attachment Wounds: Connecting to Your Authentic Self; 2) Creating Healthy Adult Relationships; 3) The Neurobiology of Loving Relationships; 4) From Wound to Wellness: Healing Disorganized Attachment and Victim-Perpetrator Dynamics from Abuse.
- Developed and Presented: Mastering Attachment 1 and 2 - 22 – 44 hours professional training online to help teach therapists how to work clinically with their clients to restore Secure Attachment skills and functioning. Included expert interviews with John Chitty, Maggie Phillips, and David Wallin.
- Developed and Presented: Therapist Mastermind Circle: Online professional training that involves teaching Working with Attachment Adaptations, Character Structure, Implicit and Explicit Memory, Sexuality and Sensuality, Trauma into Transformation and Compassionate Approaches to Working With Your Most Difficult Clients and Personality Disorders - as well as providing Case Consultation for the therapists’ most difficult cases. This program

also includes monthly interviews with Experts in the Field related to topics such as Peter Levine, Terry Real, Stan Tatkin, Ana DoValle, Ellyn Bader, Susan Hart, Marianne Bentzen, Susan Scott, Ariel Giarretto, Caryn Scotto d' Luzia, Bonnie Badenoch, Dick Schwartz, John Howard, Nancy Napier, Amir Levine, David Wallen, etc.

● Attended: All-Day Seminar with David Wallin on Your Wounds as Your Tools Denver, CO — April



2014

● Keynote Presenter: WISDOM 2.0, Safe Connection in the Workplace with Eileen Fisher and Tami Simon New York, NY

● Keynote Presenter: FACES Wisdom Conference, Understanding Attachment Adaptations, Separating Threat From the Instinct to Bond and the Journey Home to Safe Connection Las Vegas, NV

● Attended: FACES Wisdom Conference, 3-hour presentations by the following: Ron Siegel on The Power of Disidentification in Buddhism; Pat Love on Innovative Interventions to Support a Couple's Journey; Dick Schwartz on Working with Internal Family Systems; Terry Real on Relationship Therapy at Its Best and Grief and How to Treat It, Las Vegas, NV

● Keynote Presenter: Wisconsin University, Madison, WI, Healing Sexual Abuse Conference. All day Keynote on Understanding Disorganized Attachment, and Restoring Access to Physiological Safety and the Social Engagement System for Healthy Connection

● Keynote Presenter: Meta MasterMind Conference by Eben Pagan, L – Safe Connection in the Workplace to Enhance Innovation, Creativity and Trust Miami, FL

● Attended: Wisconsin University, Madison, WI – Healing Sexual Abuse Conference: 90-minute to 3-hour presentations by Anna Slater on Sadistic and Non-Sadistic Abuse, etc.

● Attended: All-day seminar with Kathy Steele at Sensorimotor Processing Office in Broomfield, CO on Integrating Dissociative States in the Aftermath of Trauma

● Attended: All-day seminar at the Porch Front series in Boulder, CO with Beatrice Beebe on Infant Parent Bonding and Attachment Disruptions

● Attended: All-day seminar at VIRITAS, Boulder, CO with Dr. Robert Scaer on

● Trauma, Dissociation and Attachment

● Attended: All-day seminar at Sensorimotor Processing Office, Broomfield, CO with Pat Ogden on Somatic Strategies in the Healing of Trauma



2013

● Keynote Presenter: Psychotherapy Networker Conference, Washington, DC Keynote on Creating Corrective Emotional Experiences Two full-day presentations on DARE Presencing Secure Attachment and Know Thy Face



2012

Presented: Psychotherapy Networker Conference, Washington, DC Two full day presentations on DARE, Know Your Attachment Style: A Somatic Approach, and Recovery from Trauma: A Somatic Experiencing® Approach

Created: synthesis training in Trauma, Attachment and Embracing Essence in Connecticut to integrate Diamond Approach Psycho-spiritual work with DARE, Somatic Attachment work developed by Diane Poole Heller and Trauma Recovery work, Somatic Experiencing® developed by Peter Levine. Included Master level clinicians class and Coaching training.



2011

Keynote-Plenary with Ellyn Bader/full day Workshop/Concurrent session with Stan Tatkin for NICABM(National Institute for Clinical Application for Behavioral Medicine) Conference in Hilton Head, SC

Studied with Lou Cozolino, Norm Shealy, Rubin Naiman, Bruce Perry, Joan Borysenko, Ron Siegel and Rick Hanson, Stan Tatkin, David Whyte and many others there.

UCLA Conference for Interpersonal Neurobiology with Dan Siegel, Pat Ogden, Marion Solomon, Dan Hughes, Francine Shapiro and many others

Interviews with Maggie Phillips, Ellyn Bader, Stan Tatkin and Ron Alexander for webinars, teleseminars and interviews as well as giving interviews on Attachment Styles/ Caregiving Styles and Healthy Adult Relationships on local and national many radio stations

Developed special program for Bilgi University in Istanbul Turkey on Somatic Approaches to integrate Trauma Work and Healing/ Secure Understanding Attachment and Disrupted Attachment Wounds in regard to impact in a Muslim culture

Developed special bilingual webinar and 4 day workshop for Brazilian Culture on Understanding and Healing Attachment Wounds with ACT

Institute near Sao Paulo, Brazil.

Opened Brazil, Turkey and Canada for DARE (Dynamic Attachment Repatterning experience)

Somatic Attachment trainings to add to trainings in Germany, Italy

PACT training with Stan Tatkin specializing in Couples Therapy Skills



2010

Pre Conference 2 day workshop given on “Healing Early Attachment Wounds and the Encapsulated Child” and Creating Healthy Adult Relationships” at NICABM, Hilton Head, SC

Created special program for ESALEN as adjunct faculty member of Santa Barbara Graduate

Institute in Therapy Degree Program

Member of ACA – American Counseling Association (2010-2012)



2008

Keynote at “Surviving Torture” Conference and workshop on healing trauma in Political Refugees who had endured deprivation, dislocation extreme losses/complicated grief, violence and/or torture in Helsingor, Denmark



2006

Developed the DARE Program on Healing Relational Trauma - Dynamic Attachment Repatterning experience with strong psychophysiological understanding of brain development, psychological development, attachment theory and Self and Interactive Regulation of the Brain, Body and Autonomic Nervous System. (2006-Present)



2005

Developed DARE trainings to help relieve Relational Trauma in therapists and clients



2003

President – DLM and ASSOCIATES. P.C. dba Trauma Solutions Denver, CO (2003-Present)



2002

Board Member – The Institute for Authentic Healing New York, NY



2000

Ph.D. – Western Institute for Social Research – Higher Education and Social Change Berkeley, CA



1996

Licensed Professional Counselor – Colorado License 1491

Consultant and Therapist – Victims’ Compensation Program Denver, CO. For battered wives, assault victims or children/adults witnessing violence



1995

Director of Education – Auto Accident Recovery Program Denver, CO (1995-Present)

Consultant to therapists and doctors related to shock trauma, developmental trauma, assault, auto and other accidents, falls and natural disasters (1995-Present)



1994

- National Certified Counselor (NCC) – License 37295 (1994-Present)
- M.A. in Counseling – University of Northern Colorado Greeley, CO



1987

- Psychotherapist, Trauma Specialist and Director of Education – Rocky Mountain Psychotherapy Associates Denver, CO (1987-Present)

Internships



1998

- ERGOS Institute, Peter Levine, Ph.D.
- Rocky Mountain Psychotherapy Associates Denver, CO Group therapy training and integration of Gestalt approach with group process
- Evergreen Consultants for Human Behavior Evergreen, CO Individual and family psychotherapy

SEMINARS ATTENDED



1984-Present:

- Hellinger Family Constellations Conference – Burt Hellinger, Peter Levine at Wurzburg, Germany
- European Study of Traumatic Stress Society (ESTSS) Conference on Neurobiology in Treatment of Trauma
- Colorado Trial Lawyers Association Legal Ethic Workshop
- Cranial Sacral/Polarity Workshop, Ann Chitty, NRT
- Why People Don't Heal, Carolyn Myss
- Bodydynamic Seminars, Marianna Bentzen Boulder, CO Ph.D. Boulder, CO
- Healing Addiction through Empowerment, University of Denver Denver, CO
- Self Esteem: A Family Affair, Jean Illsley Carke Seattle, WA
- Family Sculpting, Virginia Satir Vancouver, Canada Future of Business

- Treatment of Sexual Abuse for Professionals, Laura Davis Boulder, CO
- Courage to Heal for Professionals, Laura Davis
- Recovery from Sexual Abuse, Jessica Britt Sante Fe, NM

EDUCATION

- PhD Western Institute for Social Research, Higher Education and Social Change Berkeley,
- National Certified Counselor, 1994-Present
- M.A. in Counseling University of Northern Colorado, Greeley CO, 1994

